

Good Morning Sunday School Students,

I am excited that you have joined me today in our Spirit and Truth Zoom Classroom. Our lesson today will be on The Power Of Praying.

Our scripture for today is “In the morning, Lord, you hear my voice; in the morning I lay my request before you and wait expectantly. Psalm 5:3

Pick A Job

1. Prayer Leader

2. Teacher Assistant

3. Bible Verse Leader

4. Meditation Leader

Schedule for Today

Prayer

Meditation

Greeting

Group Dance

Lesson - The Power Of Praying

Do You Know What

Prayer For Today

Dear God,

Help me today. Show me something new, something amazing (neat clouds in the sky, a kind word spoken at school) Help me to be grateful for my family and friends and let me be kind to those around me—even if they don't know You.

Meditation is quieting your spirit so you can hear God speaking to you. I'll read the meditation exercise first, then you will repeat it after me.

Breathing in, I relax

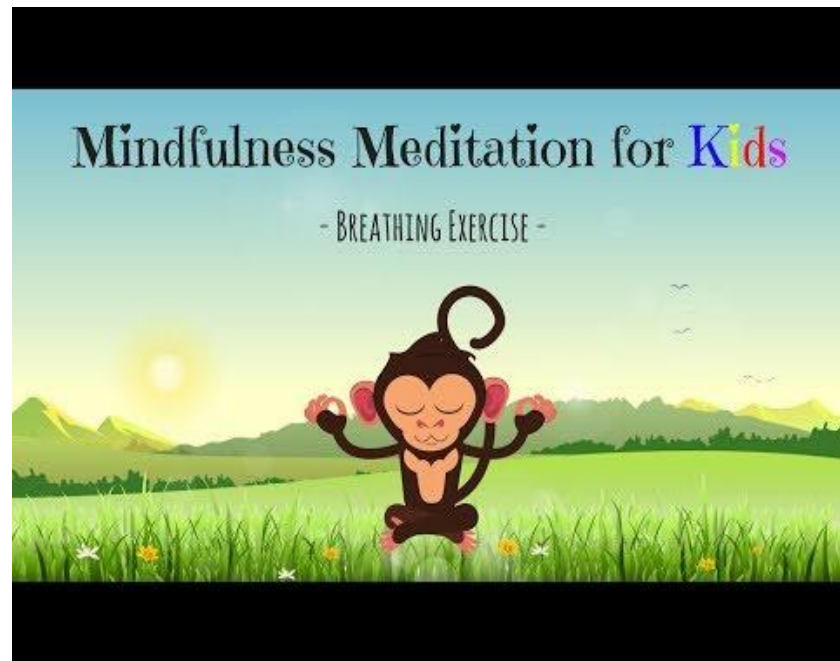
Breathing out, I smile

Breathing in, I feel calm

Breathing out I feel good

Breathing in, no more anger

Breathing out, peace and quiet



Adapted from Thich Nhat Hanh

Greeting

Let's say Good Morning in German

Guten Morgen _____

All Together Now



Peace Like A River

The Power of Praying

Vocabulary

God- Everything that is good is representative of God

Behavior-The way a person acts especially toward other people

Knowing God- To know God we have to study the words in the Bible and other spiritual books and try as hard as we can to do the things we learn in the bible.

Holy Spirit- A synonym for God

Praying- Talking to God

Why We Should Pray

Today we will learn that prayer is communicating or talking with God. We may not be able to call God on the telephone or send Him a letter, but prayer is just as real as e-mail or newspapers. Why should we pray? Because it makes our relationship with God stronger.

Could you imagine trying to have a best friend without communicating with them? Prayer is seeking God and His direction for our lives. Praying also helps keep us out of trouble. Jesus told us to pray, "Watch and pray so that you will not fall into temptation." (Matthew 26:41)

Bible Lesson Rise And Shine

Some days, morning comes too early! You know you have to get out of bed but you just don't want to. You want to sleep. You want five more minutes. You want to pull the covers over your head and hide.

But why hide? The fact that you woke up this morning is a miracle! God put breath in your lungs and you have been given that breath to go about your day as best as you can. Think about all the incredible things you'll accomplish today!

**In fact, every single day is another day
for something amazing to happen.
You just have to expect it to happen.
Ask God to not only show you
something amazing, but to do
something amazing through you.**

So before you get up every morning, you can say something like this:”Something good is going to happen to me and something good is going to happen through me today!”

Song

[God Is So Good](#)

Do You Know What

Parent Prayer-God, from the start of each day. I will be honest and sincere about my love for You and my love for my children. Then I will release them into Your very capable care. References- Kids Sunday School Incorporated, The Holy Bible of Inclusion- DEPaulk, Best Day Ever- Joyce Meyer , Amplified Bible, Morning Meeting Book-Roxanne Kriete,<https://ministry-to-children.com>