

Good Morning Sunday School Students,

I am glad that you have joined me today in our Spirit and Truth Zoom Classroom. Our lesson today will be on Your Mind, Your Battle

Our scripture for today is “.For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Ephesians 6:12

Schedule for Today

Prayer, Greeting, Meditation

Studying God's Word

Worshipping With A Song

Prayer For Today

Dear God,

Help me to understand that Life will always bring changes. Help me to understand that some days in life will be more challenging. Help me to look for the good in all of it. Help me to know that you will always be with me through every twist,turn and detour.Amen

Meditation for the Day

There are two things that we must have if we are going to change our way of life. One is faith, the confidence in things unseen, the fundamental goodness and purpose in the universe. The other is obedience, that is living according to our faith, living each day as we believe that God wants us to live, with gratitude, humility, honesty, purity, unselfishness, and love. Faith and obedience, these two will give us all the strength we need to overcome poor choices and temptation which will lead us towards the opportunity to live a new and more abundant life.

[Meditations For PreTeens](#)

Discussion Chapters 4&5 Battlefield Of Your Mind

Memory Verse

**Do not fear, for I am with you, do not be
dismayed for I am your God. I will
strengthen you and help you. I will
uphold you with my righteous right hand.**

Isaiah 41:10

Worshipping In Song

[Light Of Change](#)

Parent Prayer-God, I don't have to be concerned about being strong in my own abilities, but instead I realize that my strength comes from You.

References-,The Holy Bible of Inclusion- DEPaulk, Amplified Bible, Battlefield of the Mind For Teens by Joyce Meyer