

Good Morning Sunday School Students,

I am excited that you have joined me today in our Spirit and Truth Zoom Classroom. Our lesson today will be about Having a Loving Heart

Our Scripture For Today is “I give you a new command. Love one another” John 13:34

Pick A Job

1. Prayer Leader

2. Teacher Assistant

3. Bible Verse Leader

4. Meditation Leader

Schedule for Today

Prayer

Meditation

Greeting

Group Dance

Lesson -Having A Loving Heart

Do You Know What

Prayer For Today

Dear God,

Thank You for today. Help me to represent You well. Let me say the words You would say and treat everyone with kindness because that is important and it matters. Amen

Meditation is quieting your spirit so you can hear God speaking to you. I'll read the meditation exercise first, then you will repeat it after me.

Breathing in, I relax

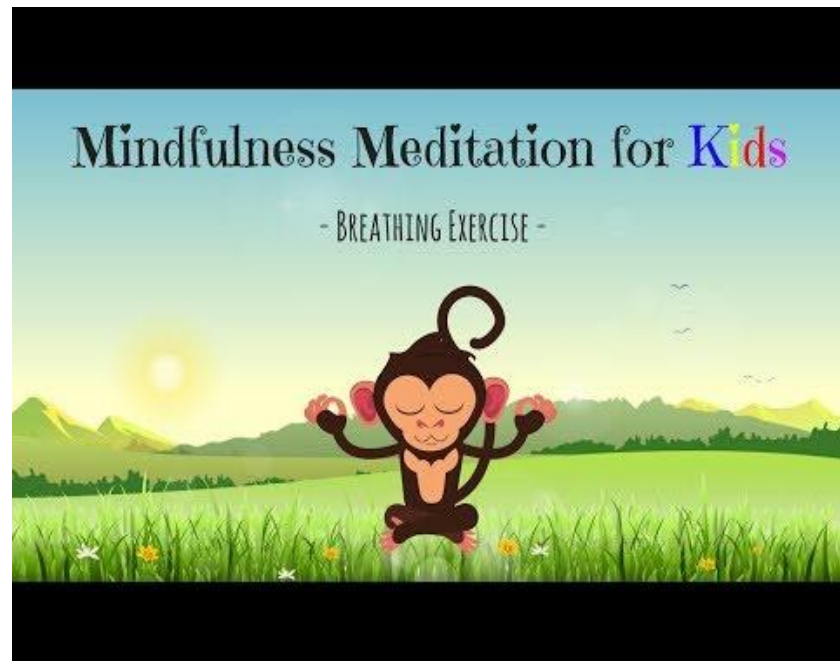
Breathing out, I smile

Breathing in, I feel calm

Breathing out I feel good

Breathing in, no more anger

Breathing out, peace and quiet



Adapted from Thich Nhat Hanh

Greeting

Hello neighbor, what d'ya say?

It's gonna be a wonderful day.

Clap your hands and boogie on down

Give me a bump and turn around

A photograph of three people dancing in a studio. On the left, a man in a light blue jacket and black pants is dancing with his arms raised. In the center, a woman in a pink shirt, light blue jacket, and jeans is dancing with her arms crossed. On the right, another woman in a light blue jacket and black pants is dancing with her arms crossed. They are all smiling and appear to be in the middle of a dance routine. The background is a plain, light-colored wall.

Every Move I Make

Dance-A-Long

Having a Loving Heart

Vocabulary

God- Everything that is good is representative of God

Evil-Something that is bad,causes harm,or destruction

Behavior-The way a person acts especially toward other people and situations

Knowing God- To know God we have to study the words in the Bible and other spiritual books and try as hard as we can to do the things we learn in the bible.

Praying- Talking to God

Meditation-Quieting your body and mind so you can hear the spirit of God guiding your thoughts and actions

Loving Heart--feeling showing acting that you really care about something

What Does Having A Loving Heart Mean On This 4th Of July?

- **July 4th is a time to celebrate our country the United State Of America**
- **It is good to remember to have a loving heart towards our country**

What Actions Help You To Develop A Loving Heart

- When we think of others instead of being selfish
- Think about what the other person is feeling, where they are coming from, what would make them feel comfortable, accepted and special
- Don't be negative about others opinions, thoughts or feelings based on what you know or have learned
- Do not be filled with self pity. Wishing your life was like someone else's
- Ask yourself each day what can I give of my talents, abilities and of self that will make the world a better place
- The more we stop focusing on ourselves the more we give of ourselves and in return we develop a loving heart or personality.

**We will make
this world**



Do You Know What?

Parent Prayer-God, when I feel alone or like I'm missing the mark as a parent, help me to make the choice to trust You and Your word.

References- Kids Sunday School Incorporated, The Holy Bible of Inclusion- DEPaulk, Best Day Ever- Joyce Meyer , Amplified Bible, Morning Meeting Book-Roxanne Kriete,[https:// ministry-to-children.com](https://ministry-to-children.com)