

Wednesday Night Study Series – “The Power of Now”

Prayer of Surrender: Spirit of Truth, CARRY ME where you will; BRING TO ME what You will; TAKE FROM ME what You will; AWAKEN IN ME what You will. The Christ MAN is around me. The Christ MIND is in me. The Christ POWER flows through me. And, the Christ MYSTERY exists as me. I believe it. I perceive it. And, now I receive it! I am surrendered. Amen. And, so it is!

The Insanity of Psychological Time

You will not have any doubt that psychological time is a mental disease if you look at its collective manifestations. They occur, for example, in the form of ideologies such as communism, national socialism or any nationalism, or rigid religious belief systems, which operate under the implicit assumption that the highest good lies in the future and that therefore the end justifies the means. The end is an idea, a point in the mind-projected future, when salvation in whatever form – happiness, fulfillment, equality, liberation, and so on – will be attained. Not infrequently, the means of getting there are the enslavement, torture, and murder of people in the present.

For example, it is estimated that as many as fifty million people were murdered to further the cause of communism, to bring about a “better world” in Russia, China, and other countries. This is a chilling example of how belief in a future heaven creates a present hell. Can there be any doubt that psychological time is a serious and dangerous mental illness?

How does this mind pattern operate in your life? Are you always trying to get somewhere other than where you are? Is most of your doing just a means to an end? Is fulfillment always just around the corner or confined to short-lived pleasures, such as sex, food, drink, drugs, or thrills and excitement? Are you always focused on becoming, achieving, and attaining, or alternatively chasing some new thrill or pleasure? Do you believe that if you acquire more things you will become more fulfilled, good enough, or psychologically complete? Are you waiting for a man or woman to give meaning to your life?

In the normal, mind-identified or unenlightened state of consciousness, the power and infinite creative potential that lie concealed in the Now are completely obscured by psychological time. Your life then loses its vibrancy, its freshness, its sense of wonder. The old patterns of thought, emotion, behavior, reaction, and desire are acted out in endless repeat performances, a script in your mind that gives you an identity of sorts but distorts or covers up the reality of the Now. The mind then creates an obsession with the future as an escape from the unsatisfactory present.

To those who hold the belief that the present can be dreadful and that the future can indeed get better and often does, I would say that usually the future is a replica of the past. Superficial changes are possible, but real transformation is rare and depends upon whether you can become present enough to dissolve the past by accessing the power of the Now. What you perceive as future is an intrinsic part of your state of consciousness now. If your mind carries a heavy burden of past, you will experience more of the same. The past perpetuates itself through lack of presence. The quality of your consciousness at this moment is what shapes the future – which, of course, can only be experienced as the Now.

You may win ten million dollars, but that kind of change is no more than skin deep. You would simply continue to act out the same conditioned patterns in more luxurious surroundings. Humans have learned to split the atom. Instead of killing ten or twenty people with a wooden club, one person can now kill a million just by pushing a button. Is that real change?

If it is the quality of your consciousness at this moment that determines the future, then what is it that determines the quality of your consciousness? Your degree of presence. So the only place where true change can occur and where the past can be dissolved is the Now.

Baby souls require structure. They tend to see life in black and white and embrace rigid beliefs.

Young souls are concerned with matters of survival. They are learning how to function on the planet and are here to explore power, greed and control. They typically step into roles that exert influence over baby souls who aren't ready to break free from the perceived need for protection.

Mature souls have learned the lessons of power and now have reached the level of exploring compassion, family, community and healing. They work on balancing the karma created in the previous cycles.

Old souls are nearing the end of their journey. They begin to prepare for the next step of evolution and must teach a certain number of people before they leave the planet. They are not bound by structured belief and therefore often feel very misunderstood by the younger soul ages.

Affirmation – “Today I will be aware of the journey to ME. My journey to myself is the most important journey I will ever take. I am ready to stop looking around and look within. And, I choose not to miss my journey to me being overly concerned with your journey to you. I am called to lead, and the more I know myself the better leader I will be. I am open to seeing my weaknesses and my strengths. And, I will operate in this capacity more powerfully as I know myself better. Amen.”